



पतंजलि योगपीठ (ट्रस्ट)
PATANJALI YOGPEETH (TRUST),[®]

द्वारा संचालित

महिला पतंजलि योग समिति Madhyapradesh East द्वारा आयोजित

सह-योग शिक्षक प्रशिक्षण प्रमाण-पत्र
ASSTT. YOGA TEACHER TRAINING CERTIFICATE (AYTTC)



क्र.सं./Sr.No. : AYTTC25680

Aadhar No:

दिनांक/Date : 27/02/2022

प्रमाणित किया जाता है कि श्री/श्रीमती/कुमारी Rashmi Saraf पुत्र/पत्नी/सुपुत्री Anand Saraf
नवासी जिला Jabalpur राज्य Madhyapradesh
देश India ने 100 घंटे का अष्टांग योग का बौद्धिक एवं प्रयोगात्मक प्रशिक्षण एवं कार्य क्षेत्र में क्रियात्मक प्रशिक्षण 200 घंटे
सहित कुल 300 घंटे का योग शिक्षक प्रशिक्षण A ग्रेड में सफलतापूर्वक उत्तीर्ण किया है।

This is certified that Shri/Mrs./Miss/ Rashmi Saraf S/o/W/o/D/o Anand Saraf
R/o Dist Jabalpur State Madhyapradesh
Country India has completed 100 hours of Ashtang Yoga theoretical, practical & 200 hours of on ground
practice training of total 300 hours successfully passed with A Grade*.

साध्वी देवप्रिया

Women Chief Central Coordinator

राज्य प्रभारी

State Coordinator

शिविर आयोजक : महिला पतंजलि योग समिति, राज्य Madhyapradesh East

Yog Camp Organizer : MAHILA PATANJALI YOG SAMITI, STATE

Madhyapradesh East

मुख्यालय : महर्षि देवप्रिय ग्राम, निकट बहुराजगढ़, हरिद्वार-248402, उत्तराखण्ड (भारत) / Head Office: Maharshi Dayanand Gram, Near Bahurajgarh, Haridwar-248402, Uttarakhand (India)

* Grade: 'A' 90% & above, 'B' 70 to 90%, 'C' 55 to 70%, 'D' 55% & above



महाकौशल विश्वविद्यालय, जबलपुर, (म.प्र.)
MAHAKAUSHAL UNIVERSITY, JABALPUR, (M.P.)

Established Under Govt. of M.P. Act No. 11 of 2021 & Recognized by University Grants Commission, New Delhi

SR No. 1123410001

STATEMENT OF MARKS / GRADE

EXAMINATION JUNE-2025

MASTER OF ARTS (YOGA)



ENROLL NO. : 1124000823001
ROLL NO. : 250611237604001
NAME : RASHMI VAISH
S/D/W/O : RAMSHANKAR VAISH
MOTHER'S NAME : MANORAMA VAISH
SEMESTER : FOURTH

STATUS : REGULAR

SUBJECT/PAPERS			SCHEME OF MARKS				MARKS OBTAINED			
			EXT	MIN	INT	MIN	EXT	INT	TOTAL	
MMA.YD401-T	YOGA AND RESEARCH	TH	42	15	08	03	33	5	38	P
MMA.YD402-T	SANKHYA PHILOSOPHY AND YOGA IN GEETA	TH	42	15	08	03	30	5	35	P
MMA.YD403-T	YOGA THERAPY	TH	42	15	08	03	28	6	34	P
MMA.YD404-T	YOGA AND ALTERNATIVE THERAPIES	TH	42	15	08	03	31	5	36	P
MMA.YD402-P	SANKHYA PHILOSOPHY LAB	PR	50	20	—	—	42	—	42	P
MMA.YD403-P	YOGA THERAPY LAB	PR	50	20	—	—	40	—	40	P
MMA.YD405-P	PROJECT	PR	100	40	—	—	82	—	82	P
Total							307/400			
TOTAL (IN WORDS) : THREE HUNDRED SEVEN OUT OF FOUR HUNDRED							RESULT : PASS			
SEM I : 186/300		SEM II : 198/300		SEM III : 230/300		SEM IV : 307/400		921/1300		
PERCENTAGE: 70.85%							DIVISION: FIRST DIVISION			

Checked By

Prepared By

REGISTRAR / CONTROLLER OF EXAMINATIONS

Issue Date : Monday, 23 Jun 2025